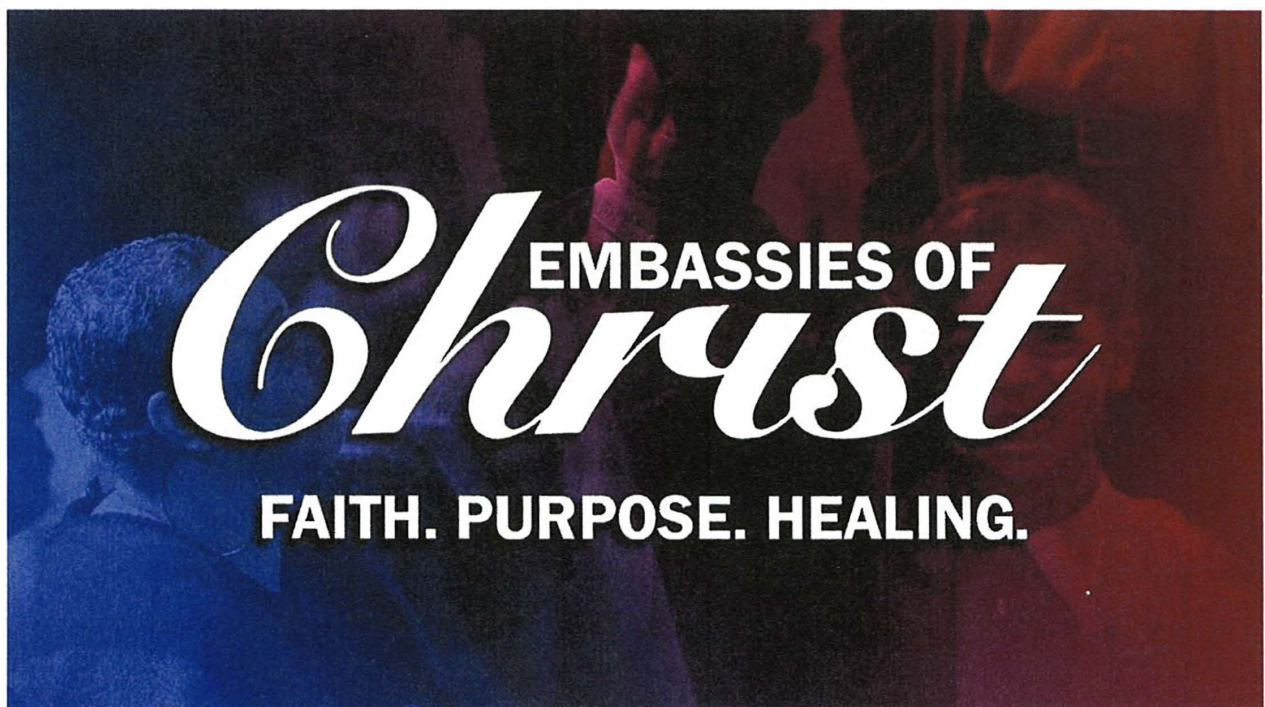


# FOUNDATION **OF** PRAYER

Foundation Class – Level 1

**Student Edition**



# FOUNDATION OF PRAYER

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## INTRODUCTION

The purpose of this class is to dive into what prayer is all about and how to effectively pray according to the Word of God.

Before we begin, I want you to know that the same faith you had when you became a believer, you will need the same faith to believe in prayer. God gives each of us a measure of faith.

*“For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.*

~~Romans 12:3 (NKJV)

## LESSON 1

### WHAT IS PRAYER?

A. Prayer is a \_\_\_\_\_ dialogue with God. You communicate to Him and He communicates to you. Prayer is the foundation of your relationship with God.

#### Jesus Prayed

*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.*

~~Mark 1:35 (NIV)

B. Jesus always went off by Himself to a secret place to \_\_\_\_\_ to His Father.

Jesus knew that fellowship with the Father was essential to Him fulfilling the \_\_\_\_\_ that was set before Him. He knew who He was, and He knew what He came to do.

C. Jesus came to the Earth with a full understanding of the Father's mission. Jesus was the \_\_\_\_\_ example of showing us how we should be as believers when it comes to prayer.

D. As believers, prayer should be the \_\_\_\_\_ for maintaining your relationship with God.

#### Jesus' Mission

- \_\_\_\_\_ good news to the poor
- \_\_\_\_\_ freedom for the prisoners
- \_\_\_\_\_ of sight to the blind
- \_\_\_\_\_ the oppressed free

*The Spirit of the Lord is on me because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoner and recovery of sight for the blind, to set the oppressed free.*

~~Matt 10:8 (NIV)

E. Jesus completed His mission when He said in John 19:30, *‘It is finished’*.

**We now recognize that God has created \_\_\_\_\_ for a close friendship with Himself.**

F. By design, the way you hear best from God is in the context of a friendship with Him.

G. God intends for you to discover His will freely and intelligently as you engage in regular conversations with Him.

H. God’s will is to be \_\_\_\_\_ present with you, speaking with you moment by moment as you go through life. Then you’ll grow to understand Him more and become more like His Son, Jesus. We can see that a \_\_\_\_\_ with the Father brings great results.

## LESSON 2

### WHAT IS THE PURPOSE OF PRAYER?

A. The purpose of prayer is many-fold:

- To \_\_\_\_\_ and \_\_\_\_\_ your relationship with your Heavenly Father.  
You do this by worshipping and praising Him with your whole heart and spending time talking to Him.

*You will seek me and find me, when you seek me with all your heart.*

~~Jeremiah 29:13 (NIV)

- To learn His voice, so whenever He speaks, you will know it's Him.

*My sheep hear my voice, and I know them, and they follow me.*

~~John 10:27 (NIV)

- To make your request known to Him (God) so that He can fulfill it.

*If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you.*

~~John 15:7 (NIV)

- \_\_\_\_\_ is the link to the authority of God and the revelation of His will and purposes.

*This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven.*

~~Matt 6:9-10 (NIV)

B. Everything Jesus did was based on the perfect \_\_\_\_\_.

- C. God spoke to the Prophets in the Old Testament about the coming of the Savior and it came to pass in the New Testament. This is good news for us, just like Jesus was spoken about in the new testament, so were you.
- D. You are called a \_\_\_\_\_. Therefore, what God wants to fulfill in your life, will line up with His word.
- E. When you get the revelation about “*His will being done on earth as it is in heaven*”, your prayers will be geared towards what you hear or what He is showing you to pray for. When you are one with God, He shows us how and what we should pray for so that He can fulfill them on the earth.



## LESSON 3

### WHAT QUALIFIES ME TO PRAY?

- A. The word “*qualify*” means to be *entitled to a particular benefit or privilege by fulfilling a necessary condition.*
- B. The \_\_\_\_\_ is accepting Jesus Christ as your Lord and Savior. When you become a born-again believer, you have a right to pray to the Father. You are now a citizen and a representative of the Kingdom of God.

*<sup>1</sup>As for you, you were dead in your transgressions and sins, <sup>2</sup>in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. <sup>3</sup>All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. <sup>8</sup>For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God”.*

*~~Ephesians 2:1-3,8 (NIV)*

- C. Your position is different now and you must understand that the world is no longer your home. You are no longer bound to this world. We operate and live our lives according to the \_\_\_\_\_.

*Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.*

*~~Romans 12:2 (NIV)*

*You adulterous people, don’t you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God”.*

*~~James 4:4 (NIV)*



D. Now that the world is no longer your home, and you are now a new creation in Christ, and you have been adopted into the royal family of God, you can now kneel before the Father in total adoration and freedom to express your heart to God.

*Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!*  
~~2 Corinthians 5:17 (NIV)

*But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.*  
~~1 Peter 2:9 (NIV)

*He predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will.*  
~~Ephesians 1:5 (NIV)

## LESSON 4

### WHY SHOULD YOU PRAY?

Below are a few reasons why you should pray:

- A. You have been given the \_\_\_\_\_ to \_\_\_\_\_ what's in heaven on earth.

*...Thy will be done on earth as it is in heaven.*

~~Matthew 6:10 (NIV)

- B. Our Heavenly Father gives us the grace and ability to change situations on earth, in our personal lives, the lives of others as well as destroying the works of the devil.

*The one who does what is sinful is of the devil, because the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the devil's work.*

~~1 John 3:8 (NIV)

- C. God's ways are higher than our ways. We, therefore, ought to pray for God's will and \_\_\_\_\_ours.

*As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.*

~~Isaiah. 55:9 (NIV)

- D. Prayer keeps us \_\_\_\_\_ on the Lord.

*Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.*

~~John 15:4 (NIV)

- E. Prayer gives us the \_\_\_\_\_ to trust God.

*For we live by faith, not by sight.*

*~~2 Corinthians 5:7 (NIV)*

F. Through prayer, we \_\_\_\_\_ what we ask for.

*Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.*

*~~Matthew 7:7 (NIV)*

G. God \_\_\_\_\_ us to pray.

*And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*

*~~Ephesians 6:18 (NIV)*

H. We \_\_\_\_\_ God when we ask Him anything through prayer.

*<sup>13</sup>And I will do whatever you ask in my name, so that the Father may be glorified in the Son. <sup>14</sup>You may ask me for anything in my name, and I will do it.*

*~~John 14:13-14 (NIV)*

## LESSON 5

### HOW DO YOU PRAY?

A. According to scripture, we pray to the \_\_\_\_\_, in the name of \_\_\_\_\_ through and with the power of the \_\_\_\_\_.

B. Pray the \_\_\_\_\_, it glorifies God the Father

*<sup>7</sup> If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. <sup>8</sup> This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.*

~~John 15:7-8 (NIV)

*<sup>4</sup> Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.*

~~John 15:4 (NIV)

C. Pray in Faith. The promises of God open the door for us to pray in faith with great assurance and boldness.

*Let us therefore, come boldly unto the throne of grace that we may receive mercy and find grace to help in time of need.*

~~Hebrews 4:16 (NKJV)

*Therefore, I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.*

~~Mark 11:24 (NIV)

D. Pray in the Spirit/Tongues. When we don't know what to pray, the Holy Spirit will give us what to pray by praying in tongues. Praying in tongues is allowing the Holy Spirit to pray through you. Praying in tongues is a gift you receive when you are filled with the Holy Spirit.

*<sup>1</sup> And when the day of Pentecost was fully come, they were all with one accord in one place.*

*<sup>2</sup> And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all*

*the house where they were sitting. <sup>3</sup>And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. <sup>4</sup>And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.*

*~~Acts 2 1-4 (NIV)*

*And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*

*~~Ephesians 6:18 (NIV)*

## E. Forms of Prayer

- **Praise/Adoration:** Our personal prayer times will be enriched as we contemplate the **Character** and Names and Attributes of our mighty and wonderful God in **Praise** and **Adoration**.
- **Confession:** In Confession, we \_\_\_\_\_ before him in order to be cleansed of sin and make worthy to enter His throne room as “sons of God”
- **Thanksgiving:** We thank God for all He has done for us. We also thank Him and **celebrate** Him for being Faithful.
- **Intercession / Supplication:** In Supplication and Intercession, we are \_\_\_\_\_ in the plans and purposes of God for the world, for our families and friends, for the lost, and for His kingdom.

## **Prayer Example:**

Father in Jesus' name, I lift up my heart to the one and true God. You are holy and righteous; I bless Your name. You are my provider, my healer, my very help in the time of need. I ask You to wash me and cleanse me from any and everything that has not been pleasing in Your sight. Help me to stay on the path that You put me on so that I can complete my assignment just like your Son Jesus. Endow me with everything I need today to please You and only You. Father, I thank You for being faithful and loving. You have never disappointed me. Anything I've asked You according to Your Word, You have brought it to pass. I praise and thank You for it. You are my King, Lord, and Savior. Now Father, I pray for all saints, Leadership, Families, The Nations, and The Body of Christ. I pray that Your perfect will be done in every area in Jesus' Name.



## LESSON 6

### WHAT ARE THE BENEFITS OF PRAYER?

A. Prayer \_\_\_\_\_ God into our circumstances as we watch Him work them out for us.

*And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

~~Romans 8:28 (NIV)

B. Prayer \_\_\_\_\_ us closer to God by ushering us into His presence

*You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.*

~~Psalm 16:11 (NIV)

C. Prayer changes our focus. When you pray, it directs our focus away from here on earth to God in heaven.

*Set your minds on things above, not on earthly things.*

~~Colossians 3:2 (NIV)

D. Prayer helps calm us. When you feel \_\_\_\_\_ and you want renewal of strength and peace, reach out to God through prayer.

*<sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

~~Phil 4:6-7 (NIV)

E. Prayers bring us into \_\_\_\_\_ with the Lord. Spending time with God will cause you to be a true worshipper.

*God is spirit, and his worshipers must worship in the Spirit and in truth."*

~~John 4:24 (NIV)

F. Prayer solves\_\_\_\_\_. Got a problem? Don't know the answer or solution? Pray!

*If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.*

~~James 1:5 (NIV)

G. Prayer builds your\_\_\_\_\_ When you pray, it helps you see through the eyes of faith, it helps to build your boldness.

*I can do all things through Him who gives me strength."*

~~Philippians 4:13 (NIV)

H. Prayer brings peace of\_\_\_\_\_. Prayer causes you to rest and rely on God to bring to pass what you prayed for.

*You keep him in perfect peace, whose mind is stayed on You, because he trusts in You.*

~~Isaiah 26:3 (NKJV)

I. Prayer helps you \_\_\_\_\_ God's will. God has a plan for each one of us.

*Teach me to do your will, for you are my God; Your Spirit is good. Lead me in the land of uprightness.*

~~Psalm 143:10 (NIV)